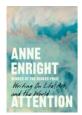
Attention: Writing on Life, Art, and the World

by: Enright, Anne





FP 5,000(CDN) From one of our most distinguished literary voices, a defining essay collection blending personal reflection with urgent political writing and wide-ranging cultural criticism. For 30 years Anne Enright one of our greatest living novelists (Times) - has been paying attention: casting her lucid and distinctive gaze across the world, literature, and her own life, and drawing us into her precise insights. These essays, collated from throughout Enright's career, take us from Galway to Honduras, from keen-eyed memoir to urgent political writing. True to the themes that saturate her award-winning fiction, ATTENTION explores the intersection between the personal and political, complex family dynamics...

Publisher: McClelland & Stewart Price: \$ 36.00 Form: TC

Balancing Act: Creating Healthy Dependency and Connection...

by: Tawwab, Nedra Glover





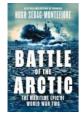
FP 100,000 A guide to understanding healthy dependency - to bring our relationships back into balance. Every relationship in our lives - from love and close friendship to extended family and our wider social circle - is a balancing act. If we give too much, we begin to lose ourselves. If we protect ourselves too much, we lose the closeness we all need. Getting the balance right is how we find more connection, authenticity, and joy. BALANCING ACT is a roadmap for finding that balance. With her signature blend of clarity and compassion, therapist Nedra Glover Tawwab sheds light on healthy dependency, and how to achieve it. Along the way, she unpacks buzzwords and trending topics including codependency, attachment styles...

Publisher: Penguin Publishing Group Price: \$ 39.99 Form: TC

Battle of the Arctic: the Maritime Epic of World War Two

by: Sebag-Montefiore, Hugh





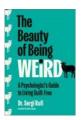
No campaign during World War Two contained more spinetingling drama, outstanding courage and heartbreaking tragedy than the Arctic convoys. Yet they - and the multifaceted Battle of the Arctic that had to be fought to get them through to Russia - remain one of the war's most undercelebrated feats. As this book's title implies, Battle of the Arctic tells a unique story. For much of the conflict was complicated by terrific storms, snow, ice, fog, whales and Arctic mirages, so that what is chronicled at times sounds like a cross between the nightmarish torment experienced by both Shackleton in his ship Endurance and Scott of the Antarctic, and an Arctic version of Robinson Crusoe. The action unfolded as Allied naval and...

Publisher: HarperCollins Publishers Limited Price: \$ 36.99 Form: TC

Beauty of Being Weird : A Psychologist's Guide to Living Guilt-...

by: Rufi, Sergi





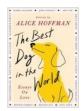
FP 75,000 With over 90.2k YouTube subscribers, 90.2k followers on Instagram, Dr. Sergi Rufi is resonating with the weird generation around the world, inspiring and encouraging us to embrace our differences and celebrate what society considers "abnormal." He's received over 3.8M views on his YouTube videos to date. Do you feel like an outsider? Like a weirdo that doesn't fit in with what society considers "normal?" Have people ever told you you're too sensitive or too clever? If so, this book is for you. Psychologist Sergi Rufi provides you with tools to start living your life authentically, without blaming or shaming.

Publisher: Harlequin Enterprises ULC Price: \$ 26.99 Form: TC

Best Dog in the World: Essays on Love

by: Hoffman, Alice





FP 100,000 Anyone who has ever been fortunate enough to share their life with a dog knows the experience is both profound and transformative. Here, in this charming collection of essays, 15 celebrated authors share unforgettable tales of the dogs who left their pawprints on their hearts. With contributions from Chris Bohjalian, Roxane Gay, Emily Henry, Ann Leary, Tova Mirvis, Jodi Picoult, Elizabeth Strout, Amy Tan, Adriana Trigiani, Nick Trout, Laura Zigman, Bonnie Garmus, and Isabel Allende, The Best Dog in the World captures the full range of the canine-human connection, from the joy of welcoming a new puppy to the heartache of saying goodbye to a beloved friend.

Publisher: Scribner Price: \$ 31.00 Form: TO

Big Trust: Rewire Self-Doubt, Find Your Confidence, and Fuel ...

by: Zahrai, Shadé





TRADE PAPERBACK EDITION

Publisher: HarperCollins Publishers Price: \$ 25.99 Form: TP

Brain Never Sleeps: Why We Dream and What It Means for Our...

by: van Kampen, Karen





We all dream, but do we know why we dream? Discover what goes on behind our eyelids and what it means for our health. Do you have common recurring dreams of missing an exam, even though it has been years since you were in college? Do certain people keep showing up in your dreams? How can you stop your dreaming brain from fixating on the same preoccupations and concerns? We spend every night of our lives dreaming, yet we remain unaware of the power and possibilities of accessing the inner sanctum of our minds. In The Brain Never Sleeps, Karen van Kampen guides us on a journey through dreamland, sharing how we can reclaim this other realm of thought and experience to improve our well-being. Our dreams are as real to us as...

Publisher: Simon & Schuster, Incorporated Price: \$ 38.99 Form: TC

Coaching Habit: Say Less, Ask More, & Change the Way You L...

by: Stanier, Michael Bungay





FP 200,000 The 10th anniversary edition of Michael Bungay Stanier's COACHING HABIT - the bestselling book that revolutionized coaching, with over 1 million copies sold. His 10th anniversary hardcover edition features new content that goes beyond the questioning technique to help you become more coach-like in everything you do. Playful illustrations by Eric Klein offer fresh insights into applying coaching across contexts. Combining neuroscience and behavioral economics with interactive training tools, this edition transforms practical advice into lasting habits, taking your workplace from good to great.

Publisher: Page Two Books, Inc. Price: \$ 36.95 Form: TC

ISBN-13: 9781774586655 Pages: 320 Pub. Date: March 2026

Come Eat: 100 Nourishing Recipes to Eat Every Day

by: Ben-Ishay, Melissa





FP 50,000 A vibrant, flavor-packed collection of delicious, nutritious meals that make it easy to nourish your family every day, from the NYT bestselling author of COME HUNGRY and co-founder of Baked by Melissa. With helpful tips and easy-to-follow instructions, Melissa shows you how to easily adapt meals for your family, from breaking down the components of the perfect salad to making soup with ingredients you have on hand. Whether you're a novice cook eager to gain confidence in the kitchen or a seasoned pro looking to save time and effort, Come Eat makes creating and planning meals easy every day - one perfect bite at a time.

Publisher: HarperCollins Publishers Price: \$46.00 Form: TC

ISBN-13: 9780063451636 Pages: 288 Pub. Date: April 2026

Coming Storm: Power, Conflict, and Warnings from History by: Westad, Odd Arne





FP 60,000 From a renowned Yale historian comes a chilling look at the looming threat of the next Great Power War and the urgent interventions necessary to avoid it in the 21st century. The vast majority of people alive today have come of age in a world of remarkable stability, presided over by either one or two Superpowers. This is not to say the world has been peaceful; but it has, to a great extent, been predictable. As an increasing number of Great Powers jostle for regional supremacy, as well as competitive advantage in nuclear technology, artificial intelligence, space exploration, and trade, our world has become more fragile, unpredictable - and combustible. To understand the threats that face us in this complex...

Publisher: Holt & Company, Henry Price: \$ 38.99 Form: TC

Cozy Vegan : 100 Delicious, Plant-Based Comfort Food Recipes...

by: Douglas, Liz





FP 75,000 COZY VEGAN is the ultimate cookbook for anyone wanting to explore a plant-based lifestyle, feel incredible, and not sacrifice the delicious foods they love. This book is filled with colorful, balanced meals and vegan twists on your favorite comfort foods, showing you just how quick and easy cooking vegan comfort food can be. Author Liz Douglas, a.k.a. @GlowDiaries____, offers 100 deliciously decadent recipes and cooking tips that make it easier than ever to live a wholesome, plant-based lifestyle. Start your day with easy and exciting breakfast recipes like the make-ahead Choc Chia Mousse or savory Pumpkin Seed Scramble for a filling weekend brunch. If you're new to vegan cooking, Liz has you covered with basic...

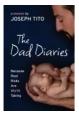
Publisher: Simon & Schuster Price: \$ 45.50 Form: TC

ISBN-13: 9781668209745 Pages: 240 Pub. Date: January 2026

Dad Diaries: Because Real Risks Are Worth Taking

by: Tito, Joseph





FP 5,000(CDN) Unflinchingly honest, heartwarming, and inspirational, DAD DIARIES charts jet-setting TV producer Joesph Tito's transformative journey toward parenthood. One day, while visiting family in Toronto, a simple question from his young niece shook Joesph's world: "Why don't you have kids?" Travelling between network meetings in NY, TV shoots in Istanbul, red carpets in Cannes, Joseph lived for the joy of constant exploration and discovery. But, deep down, he always longed to become a father, raising children in the warm traditions of his own big Italian family while living true to his authentic self as an out and proud gay man. In this globe-spanning tale about complexities of the surrogacy system...

Publisher: Cormorant Books Incorporated Price: \$ 24.95 Form: TP

ISBN-13: 9781770868298 Pages: 240 Pub. Date: April 2026

Page: 3 of 9

Delusions: Of Grandeur, of Romance, of Progress

by: David, Cazzie





FP 100,000 With her 30th birthday fast approaching, Cazzie David explores the existential crises of contemporary womanhood in this sharp and darkly funny essay collection from the NYT bestselling author. Cazzie David offers a candid and hilarious exploration of everything from neuroses and romantic agonies to the relentless grip of social media, all through her signature voice - blunt, self-deprecating, and deeply relatable. Beginning with her 29th birthday and ending with her 30th birthday, Cazzie reflects on the delusions that wasted her twenties and reckons with their consequences now that the specter of her 30's looms large.

Price: \$ 41.00

Publisher: St. Martin's Press

ISBN-13: 9781250357632 Pages: 320

Form: TC

Pub. Date: March 2026

Design Love In: How to Unleash the Most Powerful Force in B...

by: Buckingham, Marcus





FP 100,000 The most powerful force in business is not what you think it is - and it's right in front of you as a leader, waiting to be unleashed. Think about the last time you said, "I love that." Leading researcher on human performance and bestselling author Marcus Buckingham reveals how love - the deep connection that makes people feel seen, valued, and inspired - isn't a soft feeling but a practical, measurable force. He shows how leaders, as experience makers, can intentionally "design love in" to everything we do: our interactions with team members, our company policies and practices, the products and services and experiences we create for those we lead and serve. When we do this, it not only generates positive...

Pages: 256

Publisher: Harvard Business Review Press

ISBN-13: 9781647829919

Price: \$ 41.99 *Form:* TC

Pub. Date: April 2026

$\label{eq:Desire:The Longings Inside Us and the New Science of How \dots } \\$

by: Stringer, Jay





FP 75,000 Drawing on a new study of 4,000 people, renowned therapist and award-winning author Jay Stringer reveals how desire - the most powerful and misunderstood force in our lives - shapes everything: who we love, what we chase, and the life we create. Desire drives our search for intimacy, meaning, and joy - but it can also lead to shame, betrayal, and self-sabotage. Too often we silence it, distort it, or treat surface-level symptoms like loneliness, low desire, or porn use - without listening to what our longings are really telling us. Stringer shows how to decode those clues and transform your story.

Publisher: Potter/Ten Speed/Harmony/Rodale

ISBN-13: 9780593728277

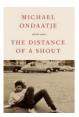
Price: \$ 41.99 *Form:* TC

Pages: 384 Pub. Date: March 2026

Distance of a Shout: Selected Poems

by: Ondaatje, Michael





FP 10,000(CDN) A one-of-a-kind collection gathering 50 years of poetry by one of our most cherished authors. Michael Ondaatje has assembled some of his finest poems into a singular poetic memoir. In poems that grow out of his understanding of longing and loss, he navigates his past, beginning with memories of distant landscapes, remembrances of his childhood in Sri Lanka and his eccentric family, as well as celebrations of admired fellow travellers and treasured friends. The poems take us from the exhilarations of youth into that "storm of music" and the passionate swerves of love and desire, until the book reaches the calm of that moment when "only a cloud's reflection holding you up // You swim into late afternoon."

Publisher: McClelland & Stewart

ISBN-13: 9780771030710

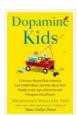
Price: \$ 39.95 Form: TC

Pages: 240 Pub. Date: February 2026

Page: 4 of 9

Dopamine Kids: A Science-Based Plan to Rewire Your Child's ... by: Doucleff, Michaeleen





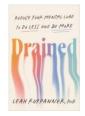
FP 200,000 From the NYT bestselling author of HUNT, GATHER, PARENT comes a revolutionary five-step guide - packed with practical, science-backed strategies - that shows you how to raise confident, happy children, while breaking the cycle of over-dependence on screens and ultra-processed foods. Nearly everything you've heard about dopamine is wrong. No, it's not the molecule of happiness. And no, it doesn't give us pleasure - it gives us motivation. For the first time in history, we are inundated with what are known as "dopamine surges" inside our brains. These surges pull us to technology like magnets, every day, many times a day. Over the past decade, neuroscientists have finally begun to figure out how these surges...

Publisher: Avid Reader Press Price: \$ 42.00 Form: TC

Drained: Reduce Your Mental Load to Do Less and Be More

by: Ruppanner, Leah





FP 75,000 A renowned sociologist and researcher reveals how women can build the life they really want. The term mental load has become more familiar in recent years, but the popular understanding of the concept often reduces it down to managing a list of household chores and logistics. Sociologist Leah Ruppanner reveals that for women, mental load actually goes much deeper: It's a complex form of emotional thinking that is invisible, boundaryless, and enduring. In DRAINED, Ruppanner outlines the eight distinct types of mental load and highlights what makes them so uniquely heavy for women.

Publisher: Penguin Publishing Group Price: \$ 39.99 Form: TC

Easy Does It : Smart Techniques and Simple Recipes for Stunni...

by: Flynn, Christine





FP 10,000(CDN) In her third cookbook, Christine Flynn takes decades of restaurant experience and distills it into simple strategies that anyone can use to enhance their culinary repertoire and confidence. EASY DOES IT is about doing more with less. Less effort, less time, less fuss, and less waste. It's about knowing which corners are worth cutting in the pursuit of mouthwatering food - without sacrificing the joy that comes from eating visually stunning and delectable dishes. Christine's cooking puts practicality first. She encourages us to start with a sauce when dreaming up our next meal because not only is a great sauce a springboard to creativity, it can make even the simplest of dishes stand out.

Publisher: Penguin Canada Price: \$ 45.00 Form: TC

Extra Sauce: The Good, the Bad, and the Onions

by: Tangorra, Zahra





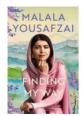
FP 75,000 A raw and raucous memoir from chef and writer Zahra Tangorra about the great meals and great loves of her life, reflecting on family, friendship, grief, and the solace that can be found through food. At 22 years old, Zahra Tangorra was trying on adulthood and attempting to find herself when a harrowing, near-death experience stopped her in her tracks. It felt like a twisted version of a second chance. As she reflects on life in all its delicious, messy, heartbreaking glory, Zahra reckons with the adrenaline-filled highs and devasting lows of opening cult-favorite Brooklyn restaurant Brucie, and then closing it at the height of its popularity. She writes about cooking her father his last meal and the unexpected...

Publisher: Random House Publishing Group Price: \$ 42.00 Form: TC

Finding My Way: A Memoir

by: Yousafzai, Malala





FP 500,000 How do you rebuild yourself when your whole world changes overnight? Thrust onto the public stage at 15 years old after the Taliban's brutal attack on her life, Malala Yousafzai quickly became an international icon known for bravery and resilience. But away from the cameras and crowds, she spent years struggling to find her place in an unfamiliar world. Now, for the first time ever, Malala takes us beyond the headlines in FINDING MY WAY - a vulnerable, surprising memoir that buzzes with authenticity, sharp humor, and tenderness.

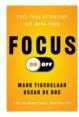
Publisher: Atria Books Price: \$ 42.00 Form: TC

ISBN-13: 9781668054277 Pages: 320 Pub. Date: October 2025

Focus On-Off: Fuel Your Attention, Get More Done

by: Tigchelaar, Mark





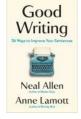
FP 20,000(CDN) Packed with insights and practical advice, FOCUS ON-OFF gives you the tools to master your focus, resist burnout, and get more done. Overflowing inboxes, colleagues at your desk with endless questions, and most importantly, a digital world that is dominating your life with an infinite supply of stimuli designed to suck you in. How can you achieve your goals amid such chaos without losing yourself to distraction? In the international bestseller FOCUS ON-OFF, focus experts Mark Tigchelaar and Oscar de Bos show how attention works on a neurological level, describing the four "concentration leaks" that disrupt focus and offering accessible tips, tricks, and life hacks to help plug them

Publisher: Simon & Schuster, Incorporated Price: \$ 22.99 Form: TP

Good Writing: 36 Ways to Improve Your Sentences

by: Allen, Neal





36 ways to improve your writing Two writers show you how to turn a worthy sentence into a memorable one. Starting where The Elements of Style leaves off, Good Writing can improve your book, your essay, your memo, your blog post, speech, or script. These essential rules for persuasive language work on any type of writing, and anyone can learn them quickly. Each rule is accompanied by examples and a lively pair of essays, the first by Neal Allen, who developed the list of tips over the course of his journalism and corporate careers; the second by his wife, Anne Lamott, acclaimed author of Bird by Bird and nineteen other nonfiction works and novels. The authors don't always agree on the specifics...

Publisher: Penguin Publishing Group Price: \$ 37.00 Form: TC

ISBN-13: 9798217046959 Pages: 208 Pub. Date: March 2026

High-Protein Plate: 100 Satisfying Everyday Recipes

by: DeVaux, Rachael





FP 100,000 NYT bestselling author and registered dietitian Rachael DeVaux, founder of the popular health platform Rachael's Good Eats, packs protein into every meal with 100 delicious and satisfying recipes - plus meal prep tips and a 28-day program for hitting your protein goals without overthinking it. Protein is essential for health and strength at every stage of life. It fuels enzymes and hormones, supports every organ, and - of course - builds muscle. The more protein you eat, the more satisfied, energized, and resilient you'll feel. Her recipes prioritize quality ingredients and better-for-you swaps over strict food rules, helping you build a balanced plate that still tastes amazing. From Buffalo Chicken Baked...

Publisher: Simon & Schuster Price: \$ 49.00 Form: TC

Homeschooled: A Memoir

by: Merrill Block, Stefan





FP 100,000 A heartbreaking, empowering and often hilarious DEBUT memoir about a mother's all-consuming love, a son's perilous quest to discover the world beyond the front door and the unregulated homeschool system that impacts millions like him. Stefan Merrill Block was nine when his mother pulled him from school, certain that his teachers were "stifling his creativity." Hungry for more time with her boy who was growing up too quickly, she began to instruct Stefan in the family's living room. However, Stefan was largely left to his own devices and his mother's erratic whims, such as her project to recapture her 12-year-old son's early years by bleaching his hair and putting him on a crawling regimen.

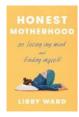
Publisher: Harlequin Enterprises ULC Price: \$ 37.00 Form: TC

ISBN-13: 9781335000989 Pages: 288 Pub. Date: January 2026

Honest Motherhood : On Losing My Mind and Finding Myself

by: Ward, Libby





FP 60,000 An unflinchingly honest and disarmingly funny memoir from an exhausted mom who broke under the pressure to do it all, faced her past, found herself - and learned to let go of perfection and just serve the dang chicken nuggets. When Libby Ward became a mother at 26, she thought she was prepared. Determined to give her kids a childhood different from her own, she clung to the world's "shoulds" like her children's future depended on it. That was her first mistake. A couple years later, with a toddler around her ankle, a needy baby in her arms, and silent rage coursing through her veins, Libby began to unravel. Struggling to manage the unrelenting and often unspoken expectations of mothering...

Publisher: Crown Publishing Group, The Price: \$ 41.99 Form: TC

Humor Me: How Laughing More Can Make You Present, Creati...

by: Duffy, Chris





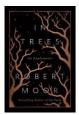
FP 75,000 From a comedian and host of hit TED podcast, How to Be a Better Human, a hilarious and enlightening guide to laughing your way into a fuller life. In his days as an exhausted 5th grade teacher, Chris Duffy taught the funniest person he's ever met: 11-year-old Gary. Gary was the school newspaper's official food critic. These days, Duffy is a professional comedy writer and the host of a podcast with millions of listeners, but he's never forgotten the transformative joy of laughing with Gary during a bleak Boston winter. In HUMOR ME, he shares a road map for how to cultivate and strengthen a sense of humor in a challenging world.

Publisher: Knopf Doubleday Publishing Group Price: \$ 39.00 Form: TC

In Trees: An Exploration

by: Moor, Robert

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FP 5,000(CDN) From the acclaimed author of the NYT bestseller ON TRAILS comes a wondrous new journey through the wilds of nature and the gnarls of history, exploring how trees can teach us to grow wise. One day, on a whim, Robert Moor set out to climb a tree near his home - unwittingly embarking on what would become a decade-long, globe-spanning adventure of intellectual and spiritual transformation. Pursuing the hidden wisdom of trees, he scales to the very top of a giant sequoia while filming a nature documentary with David Attenborough; he treks through swamps in Papua to reach a treehouse-dwelling tribe of hunter-gatherers; and he journeys to a remote research camp in Tanzania, where he spends a memorable night...

Publisher: Simon & Schuster, Incorporated Price: \$ 39.99 Form: TC

ISBN-13: 9781668222607 Pages: 352 Pub. Date: April 2026

Indian Instant Pot(R) Cookbook : Traditional Indian Dishes Mad...

by: Pitre, Urvashi





Traditional Indian cuisine comes to your very modern Instant Pot(R). Discover how simple and delicious traditional Indian cuisine can be. The Indian Instant Pot Cookbook offers fast and easy takes on classic Indian dishes--all designed to be cooked in your electric pressure cooker. Whether you're new to Indian food or looking to experiment at home, The Indian Instant Pot Cookbook keeps things simple with limited-ingredient, quick-fix recipes for everything from Basmati Pulao to Chicken Tikka Masala. Learn how to properly use your Instant Pot, stock up essential spices, substitute ingredients, and more. The Indian Instant Pot Cookbook includes: 50 authentic recipes--Bring a wide array of Indian flavors to your table with...

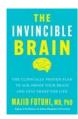
Publisher: Callisto Publishing LLC Price: \$ 16.99 Form: TF

ISBN-13: 9781939754547 Pages: 174 Pub. Date: September 2017

Invincible Brain: The Clinically Proven Plan to Age-Proof Your...

by: Fotuhi, Majid





FP 100,000 In just 12 weeks, you can prevent and reverse cognitive decline, boost memory, and enhance mental sharpness at any age. Dr. Majid Fotuhi, MD, PhD, world-renowned neurologist and medical director of NeuroGrow Brain Fitness Center, is leading the charge in revolutionizing how we understand human intelligence, brain health, and age-related cognitive decline. In this groundbreaking book, he reveals the true wonder of how the brain works and its infinite potential for growth and change. Supported by over 35 years of original research, INVINCIBLE BRAIN demonstrates how targeted lifestyle changes can prevent, treat, and even reverse the effects of early Alzheimer's disease, dementia, ADHD, migraines...

Publisher: HarperCollins Publishers Price: \$ 42.00 Form: TC

ISBN-13: 9780063435711 Pages: 352 Pub. Date: March 2026

Judy Blume: A Life by: Oppenheimer, Mark





The highly anticipated biography of one of the world's most treasured literary voices, showcasing a life as triumphant and inspiring as the stories she crafted. To know the name Judy Blume is to know and love literature. Her influential novels turned classics--including Are You There God? It's Me, Margaret; Tales of a Fourth Grade Nothing; Deenie; and Summer Sisters --touched the lives of tens of millions of readers. For more than fifty-five years her work has done something revolutionary: it rewired the world's expectations of what literature for young people can be--frank, candid, earthy, and unafraid to show the messier sides of humanity. But little is known about the real woman behind the iconic persona...

Publisher: Penguin Publishing Group Price: \$ 48.00 Form: TC

ISBN-13: 9780593714447 Pages: 480 Pub. Date: March 2026

Land of Sweet Forever: Stories and Essays

by: Lee, Harper





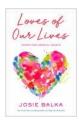
From one of America's most beloved authors, a posthumous collection of newly discovered short stories and previously published essays and magazine pieces, offering a fresh perspective on the remarkable literary mind of Harper Lee. Harper Lee remains a landmark figure in the American canon - thanks to Scout, Jem, Atticus, and the other indelible characters in her Pulitzer-winning debut, To Kill a Mockingbird; as well as for the darker, late-'50s version of small-town Alabama that emerged in Go Set a Watchman, her only other novel, published in 2015 after its rediscovery. Less remembered, until now, however, is Harper Lee the dogged young writer, who crafted stories in hopes of magazine publication...

Publisher: HarperCollins Publishers Price: \$ 42.00 Form: TP

Loves of Our Lives: Poems for Hopeful Hearts

by: Balka, Josie





FP 20,000(CDN) From TikTok star and author of I HOPE YOU REMEMBER, Josie Balka, comes this evocative collection of over eighty poems about the different types of love. From the coziness of lifelong friendship to the aching intensity of lost love, LOVES OF OUR LIVES is a poetic journey through the heartfelt relationships that make us human. In her highly anticipated second collection, social media sensation Josie Balka masterfully puts words to the indescribable, weaving her signature blend of raw emotion and vivid imagery into poems that speak straight to the soul.

Pages: 192

Publisher: Simon & Schuster, Incorporated

ISBN-13: 9781668227527

Price: \$ 32.99 Form: TC

Pub. Date: December 2025